

## **METHOD FOR MODIFYING EXPRESSION OF A NUCLEIC ACID**

### **Abstract of the Disclosure**

5 Disclosed are methods for increasing the rate at which a nucleic acid can be translated by modifying the polynucleotide such that the rate at which the polynucleotide is translated is altered. Also disclosed are methods for modulating the translation of an mRNA by adding a nucleic acid that increases translation of the mRNA

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